



The Wellness Center
Baptist Hospital



Amenities

The Wellness Center proudly offers the use of steam rooms, dry saunas and showers following your massage. We invite you to allow extra time to take advantage of these offerings.

Health Concerns

Massage Therapy may not be recommended for persons with certain medical conditions or symptoms. If you are currently under a physician's care, please provide a physician's consent prior to services being rendered.

Arrival Time

Your arrival time reserves personal time between you and the massage therapist. Please be fully prepared for your massage 15 minutes prior to your scheduled appointment time. Late arrival for your appointment will result in having time deducted from your session.

Cancellation Policy

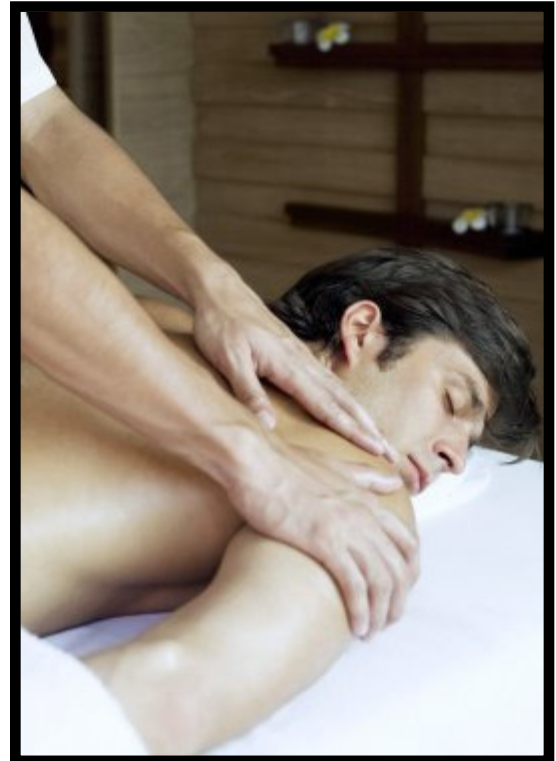
A 12-hour notice is required for cancellation. In cases of therapist emergencies, every effort will be made to fulfill the appointment with a replacement.

To schedule an appointment, please call us at **615.284.5066** ext.7

www.baptisthospital.com

Massage Therapy

Add touch to your healthcare



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stay well.™

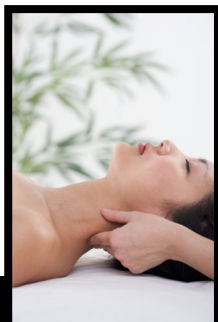
Add touch to your healthcare

Our Licensed massage therapists offer a professional, therapeutic experience with your comfort and convenience in mind. Come see how massage therapy can work for you.



We are proud to offer the following classic massage options:

- Clinical Massage
- Fibromyalgia Care
- Geriatric Massage
- Integrated Therapy
- Reiki— Energy & Healing
- Sports Massage
- Swedish Massage
- Pre and Postnatal Massage
(Physician's approval needed prior to appointment)



Gift Certificates available!

Services

	Member/ Employee	Non-Member
Chair Massage		
10 minutes	\$10	\$10
15 minutes	\$15	\$15
20 minutes	\$20	\$20

	Member/ Employee	Non-Member
Classic Massage		
30 minutes	\$35	\$40
60 minutes	\$60	\$65
90 minutes	\$85	\$90

	Member/ Employee	Non-Member
Aromatherapy Massage		
A comforting table massage followed by a calming hand treatment which includes an exfoliating herbal salt scrub and a soothing paraffin treatment.		
60 minutes	\$70	\$75

	Member/ Employee	Non-Member
Hot Stone Massage		
A unique, stress reducing massage which uses heated stones to penetrate the muscles and relax the body.		
90 minutes	\$95	\$100

	Member/ Employee	Non-Member
Deep Tissue and Neuromuscular Massage		
A therapeutic massage that reaches a deeper level of the muscle to facilitate relief from pain and discomfort and promote healing.		
60 minutes	\$90	\$95
90 minutes	\$115	\$120

	Member/ Employee	Non-Member
Massage Coupon Book		
Coupon book can be used any relaxation massage and includes 300 total minutes of refreshing massage.		
	\$275	\$300