

PREPARING FOR YOUR BABY'S CESAREAN BIRTH



You are scheduled for a cesarean birth.

Date: _____

Time: _____ (AM/PM)

Welcome We want the birthday of your child to be unforgettable. To allow special bonding time for you and your significant other, we ask family and friends to wait and visit you after you arrive in the postpartum suite. You may have one support person with you throughout your surgery and recovery and one designated visitor to see you in recovery.

Night Before Your Surgery Do not eat or drink anything within eight hours prior to your surgery. This includes food, water, coffee, candy/breath mints, cigarettes, chewing or dipping tobacco and chewing gum.

Day of Your Surgery Please arrive to OB Admissions, located on the Third Floor of the hospital (dedicated Mid-State Garage entrance), at least two hours before your scheduled surgery time.

Before surgery, you will be:

- Asked to sign a consent form and allowed to ask any questions.
- Given a hospital gown. Please remove underclothes, jewelry, hairpins, hairpieces, glasses, contact lenses and dentures before going to surgery.

Billing Procedures Baptist Hospital accepts most major insurance plans. Where appropriate, the hospital will bill the insurance company as a courtesy to the patient. However, the patient is responsible for all charges incurred.

If your insurance plan requires a co-pay or you have not met your deductible, an insurance verifier will contact you concerning your estimated financial obligations.

What to Bring For your convenience, please bring a minimum of personal belongings. Any item of luggage you bring should be left in the trunk of your car until a permanent room is assigned. This will relieve your family of caring for your belongings while you are in surgery. Also bring:

- All medications (including insulin) and a list of the medications and dosages you are currently taking.
- Your contact lens case and solution and/or eyeglasses case.
- A copy of your living will and/or durable power of attorney (if you've not already provided it).
- Any paperwork or x-rays you've been asked to bring.

What Not to Bring

- Jewelry or other items of value.
- Extra personal items like cell phones and beepers.

Family Waiting Areas During surgery, family and visitors can wait in the Third Floor waiting area next to OB Admissions.

Care Mail Loved ones can stay in touch during your hospital visit with Care Mail. Tell them to send an e-mail to Guest.Relations@BaptistHospital.com or access Care Mail online at BaptistHospital.com. They must include your first and last names and "Care Mail" in the subject line.

Messages are delivered Monday through Friday only and distributed within 24 hours. Note: message content is public and not secure. Remember to stay in touch via Care Mail the next time a friend or family member is in the hospital. For details, call 615-284-5043.



Baptist Hospital

We're here for life.